### 고1 내신대비자료 작까의 선택(태하T)

20. 다음 글에서 필자가 주장하는 바로 가장 적절한 것은?

When I was in the army, my instructors would show up in my barracks room, and the first thing they would inspect was our bed. It was a simple task, but every morning we were required to make our bed to perfection. It seemed a little ridiculous at the time, but the wisdom of this simple act has been proven to me many times over. If you make your bed every morning, you will have accomplished the first task of the day. It will give you a small sense of pride and it will encourage you to do another task and another. By the end of the day, that one task completed will have turned into many tasks completed. If you can't do little things right, you will never do the big things right.

- \* barracks room: (병영의) 생활관 \*\* accomplish: 성취하다
- ① 숙면을 위해서는 침대를 깔끔하게 관리해야 한다.
- ② 일의 효율성을 높이려면 협동심을 발휘해야 한다.
- ③ 올바른 습관을 기르려면 정해진 규칙을 따라야 한다.
- ④ 건강을 유지하기 위해서는 기상 시간이 일정해야 한다.
- ⑤ 큰일을 잘 이루려면 작은 일부터 제대로 수행해야 한다.

army 군대

instructor 교관

inspect, 검사하다 검열하다

task , 일 과업

require 요구하다

make one's bed 침대를 정돈하다

perfection 완벽

ridiculous 우스꽝스러운

wisdom 지혜

prove 증명하다

pride 자존감

encourage 용기를 주다

complete 완수하다

turn into 변하다

21. 밑줄 친 <u>Leave those activities to the rest of the sheep</u>이 다음 글에서 의미하는 바로 가장 적절한 것은? [3점]

A job search is not a passive task. When you are searching, you are not browsing, nor are you "just looking". Browsing is not an effective way to reach a goal you claim to want to reach. If you are acting with purpose, if you are serious about anything you chose to do, then you need to be direct, focused and whenever possible, clever. Everyone else searching for a job has the same goal, competing for the same jobs. You must do more than the rest of the herd. Regardless of how long it may take you to find and get the job you want, being proactive will logically get you results faster than if you rely only on browsing online job boards and emailing an occasional resume. Leave those activities to the

#### rest of the sheep.

- 1 Try to understand other job-seekers' feelings.
- ② Keep calm and stick to your present position.
- 3 Don't be scared of the job-seeking competition.
- $\ensuremath{\textcircled{4}}$  Send occasional emails to your future employers.
- ⑤ Be more active to stand out from other job-seekers.

job search 구직 활동

passive 수동적인

browse 훑어보다

effective 효과적인

goal 목표

reach 도달하다

claim, 주장하다 공언하다

serious 진지하

direct 직접적인

focused 집중하는

clever 영리한

rest 나머지

herd 무리

proactive 진취적인

logically 논리적으로

occasional 가끔의

#### 22. 다음 글의 요지로 가장 적절한 것은?

Many people view sleep as merely a "down time" when their brain shuts off and their body rests. In a rush to meet work, school, family, or household responsibilities, people cutback on their sleep, thinking it won't be a problem, because all of these other activities seem much more important. But research reveals

that a number of vital tasks carried out during sleep help to

maintain good health and enable people to function at their best.

While you sleep, your brain is hard at work forming the pathways necessary for learning and creating memories and new insights.

Without enough sleep, you can't focus and pay attention or

respond quickly. A lack of sleep may even cause mood problems.

In addition, growing evidence shows that a continuous lack of

sleep increases the risk for developing serious diseases.

\* vital: 매우 중요한

- ① 수면은 건강 유지와 최상의 기능 발휘에 도움이 된다.
- ② 업무량이 증가하면 필요한 수면 시간도 증가한다.
- ③ 균형 잡힌 식단을 유지하면 뇌 기능이 향상된다.
- ④ 불면증은 주위 사람들에게 부정적인 영향을 미친다.
- ⑤ 꿈의 내용은 깨어 있는 시간 동안의 경험을 반영한다.

view , 보다 여기다

merely 그저

down time 가동되지 않는 시간

shut off 멈추다

in a rush 서둘러

responsibility 책임

cut back on ~을 줄이다

problem 문제

activity 활동

important 중요한

research 연구

reveal 밝히다

a number of 많은

carry out ~을 수행하다

during 동안

maintain 유지하다

function 기능하다

at one's best 최상의 수준으로

form 형성하다

pathway 경로

necessary 필요한

memory 기억

insight 통찰

focus 정신을 집중하다

pay attention 주의를 기울이다

respond 반응하다

lack 부족

cause 일으키다

in addition 게다가

evidence 증거

risk 위험

serious 심각한

#### 23. 다음 글의 주제로 가장 적절한 것은? [3점]

The whole of human society operates on knowing the future

weather. For example, farmers in India know when the monsoon rains will come next year and so they know when to plant the crops. Farmers in Indonesia know there are two monsoon rains each year, so next year they can have two harvests. This is based on their knowledge of the past, as the monsoons have always come at about the same time each year in living memory. But the

need to predict goes deeper than this; it influences every part of

our lives. Our houses, roads, railways, airports, offices, and so on are all designed for the local climate. For example, in England all the houses have central heating, as the outside temperature is usually below 20°C, but no air-conditioning, as temperatures rarely go beyond 26°C, while in Australia the opposite is true: most houses have air-conditioning but rarely central heating.

- 1) new technologies dealing with climate change
- 2 difficulties in predicting the weather correctly
- 3 weather patterns influenced by rising temperatures
- 4 knowledge of the climate widely affecting our lives
- (5) traditional wisdom helping our survival in harsh climates

whole 전체

operate , 운영되다 돌아가다

future 미래의

weather 날씨

monsoon (, 몬순 특히 인도양에서 여름은 남서 겨울은

북동에서 부는 계절풍)

plant 심다

crop 작물

harvest 수확

past 과거

predict 예측하다

influence 영향을 미치다

railway 철도

climate 기후

central heating 중앙난방

temperature 기온

air-conditioning ( ) 냉방 기

rarely 거의 없게

beyond 위로

opposite 정반대

24. 다음 글의 제목으로 가장 적절한 것은?

Our ability to accurately recognize and label emotions is often

referred to as emotional granularity. In the words of Harvard

psychologist Susan David, "Learning to label emotions with a

more nuanced vocabulary can be absolutely transformative."

David explains that if we don't have a rich emotional vocabulary, it is difficult to communicate our needs and to get the support that we need from others. But those who are able to distinguish between a range of various emotions "do much, much better at managing the ups and downs of ordinary existence than those who see everything in black and white." In fact, research shows that the process of labeling emotional experience is related to

greater emotion regulation and psychosocial well-being.

\* nuanced: 미묘한 차이가 있는

- 1) True Friendship Endures Emotional Arguments
- 2 Detailed Labeling of Emotions Is Beneficial
- 3 Labeling Emotions: Easier Said Than Done
- 4 Categorize and Label Tasks for Efficiency
- (5) Be Brave and Communicate Your Needs

accurately 정확하게

recognize 인식하다

label 이름을 붙이다

emotion 감정

refer to - as ~을 ~라 부르다

psychologist 심리학자

vocabulary 어휘

absolutely 절대적으로

transformative 사람을 변화시키는

explain 설명하다

difficult 어려운

communicate 전달하다

지지 traggus

distinguish 구별하다

a range of 다양한

manage 관리하다

ordinary 평범한

existence 존재

process 과정

related to ~에 관련된

regulation 통제

psychosocial 심리 사회적인

well-being 행복

29. 다음 글의 밑줄 친 부분 중. 어법상 틀린 것은?

We usually get along best with people who we think are like us. In fact, we seek them out. It's why places like Little Italy, Chinatown, and Korea town ① exist. But I'm not just talking about race, skin color, or religion. I'm talking about people who share our values and look at the world the same way we ② do. As the saying goes, birds of a feather flock together. This is a very common human tendency ③ what is rooted in how our species developed. Imagine you are walking out in a forest. You would be conditioned to avoid something unfamiliar or foreign because there is a high likelihood that ④ it would be interested in killing you. Similarities make us ⑤ relate better to other people because we think they'll understand us on a deeper level than other people.

\* species: 종(생물 분류의 기초 단위)

3 that  $\rightarrow$  what

get along with ~와 잘 지내다

seek out ~ 특히 많은 노력을 기울여 을 찾아내다

exist 존재하다

race 인종

skin 피부

religion 종교

value 가치관

way 방식

saying , 속담 옛말

feather 깃털

flock , 모이다 무리 짓다

tendency , 경향 경향성

be rooted in ~에 뿌리박혀 있다

forest 숲

be conditioned to ~에 조건화되어 있다

avoid 피하다

unfamiliar 친숙하지 않은

foreign 낯선

likelihood 가능성

similarity 유사점

relate 마음이 통하다

30. 다음 글의 밑줄 친 부분 중, 문맥상 낱말의 쓰임이 적절하지 않은 것은? [3점]

Rejection is an everyday part of our lives, yet most people can't handle it well. For many, it's so painful that they'd rather not ask for something at all than ask and ① risk rejection. Yet, as the old saying goes, if you don't ask, the answer is always no. Avoiding rejection ② negatively affects many aspects of your life. All of that happens only because you're not ③ tough enough to handle it. For this reason, consider rejection therapy. Come up with a ④ request or an activity that usually results in a rejection. Working in sales is one such example. Asking for discounts at the stores will also work. By deliberately getting yourself ⑤ welcomed you'll grow a thicker skin that will allow you to take on much more in life, thus making you more successful at dealing with unfavorable circumstances. \* deliberately: 의도적으로

(5) welcomed -> rejected

rejection 거절

handle 감당하다

painful 고통스러운

risk 위험을 감수하다

affect 영향을 미치다

aspect 측면

tough 강한

therapy 요법

request 요청

discount 할인

unfavorable 호의적이지 않은

circumstance 상황

#### 31. 다음 빈칸에 들어갈 말로 가장 적절한 것을 고르시오.

Generalization without specific examples that humanize writing is boring to the listener and to the reader. Who wants to read platitudes all day? Who wants to hear the words great, greater, best, smartest, finest, humanitarian, on and on and on without specific examples? Instead of using these 'nothing words,' eave

them out completely and just describe the \_\_\_\_\_

nothing worse than reading a scene in a novel in which a main character is described up front as heroic or brave or tragic or funny, while thereafter, the writer quickly moves on to something else. That's no good, no good at all. You have to use less one

word descriptions and more detailed, engaging descriptions if

#### you want to make something real.

\* platitude: 상투적인 말

- (1) similarities
- 2 particulars
- 3 fantasies
- 4 boredom
- (5) wisdom

generalization 일반화

specific 구체적인

humanize 인간미 있게 하다

boring 지루한

finest 가장 훌륭한

novel 소설

main character 주인공

up front 대놓고

heroic, 대담한 영웅적인

brave 용감한

tragic 비극적인

detailed 세밀한

engaging 마음을 끄는

sometimes the only - way to share many kinds of knowledge,

32. Face-to-face interaction is a uniquely powerful

on and the stage of the stage o

from the simplest to the most complex. It is one of the best ways

to stimulate new thinking and ideas, too. Most of us would have

had difficulty learning how to tie a shoelace only from pictures, or how to do arithmetic from a book. Psychologist Mihàly Csikszentmihàlyi found, while studying high achievers, that a large number of Nobel Prizewinners were the students of previous

winners: they had access to the same literature as everyone else,

made a crucial difference to their

creativity. Within organisations this makes conversation both a crucial factor for high-level professional skills and the most important way of sharing everyday information.

- \* arithmetic: 계산 \*\* literature: (연구) 문헌
- 1 natural talent

but [

- 2 regular practice
- 3 personal contact
- 4 complex knowledge
- ⑤ powerful motivation

face-to-face 대면의

interaction 상호 작용

uniquely 유례 없이

knowledge 지식

simplest 가장 간단한

complex 복잡한

stimulate 자극하다

shoelace 신발 끈

psychologist 심리학자

previous 이전의

access 접근

crucial . 결정적인 매우 중요한

factor 요소

professional 전문적인

33. Most times a foreign language is spoken in film, subtitles are used to translate the dialogue for the viewer. However, there are occasions when foreign dialogue is left unsubtitled(and thus incomprehensible to most of the target audience). This is often done if the movie is seen mainly from the viewpoint of a particular character who does not speak the language. Such absence of subtitles allows the audience to feel a similar sense of incomprehension and alienation that the character feels. An example of this is seen in Not Without My Daughter. The Persian language dialogue spoken by the Iranian characters is not subtitled because the main character Betty Mahmoody does not speak Persian and the audience is \_\_\_\_\_\_.

[3점]\* subtitle: 자막(을 넣다) \*\* incomprehensible: 이해할 수 없는 \*\*\* alienation: 소외

- 1 seeing the film from her viewpoint
- 2 impressed by her language skills
- 3 attracted to her beautiful voice
- 4 participating in a heated debate
- (5) learning the language used in the film

foreign 외국의
translate 통역하다
dialogue 대화
viewer 관객
occasion 경우
target audience 주요 대상 관객
mainly 주로
viewpoint , 관점 시각
particular 특정한
absence 부재

34. One dynamic that can change dramatically in sport is the concept of the home-field advantage, in which perceived demands and resources seem to play a role. Under normal circumstances, the home ground would appear to provide greater perceived resources (fans, home field, and so on). However, researchers Roy Baumeister and AndrewSteinhilber were among the first to point out that these competitive factors can change; for example, the success percentage for home teams in the final games of a playoff or World Series seems to drop. Fans can become part of the perceived demands rather than resources under those circumstances. This change in perception can also explain why a team that's struggling at the start of the year will to reduce perceived demands and pressures.

[3점]\* perceive: 인식하다 \*\* playoff: 우승 결정전

- 1 often welcome a road trip
- 2 avoid international matches
- 3 focus on increasing ticket sales
- 4 want to have an eco-friendly stadium
- (5) try to advertise their upcoming games

dynamic 역학

dramatically 극적으로

concept 개념

home-field advantage 홈 이점

demand , 부담 요구

resource 자원

circumstance 상황

play a role 역할을 하다

provide 제공하다

researcher 연구원

point out 지적하다

competitive 경쟁력이 있는

struggling 고전하는

reduce 줄이다

pressure 압박

#### 35. 다음 글에서 전체 흐름과 관계 없는 문장은?

Who hasn't used a cup of coffee to help themselves stay awake while studying? Mild stimulants commonly found in tea, coffee, or sodas possibly make you more attentive and, thus, better able to remember. 1) However, you should know that stimulants are as likely to have negative effects on memory as they are to be beneficial. 2 Even if they could improve performance at some level, the ideal doses are currently unknown. 3 If you are wide awake and well-rested, mild stimulation from caffeine can do little to further improve your memory performance. 4 In contrast, many studies have shown that drinking tea is healthier than drinking coffee. 5 Indeed, if you have too much of a stimulant, you will become nervous, find it difficult to sleep, and your memory performance will suffer.

\* stimulant: 자극제 \*\* dose: 복용량

mild 가벼운 soda 탄산음료 attentive 주의 깊은 memory 기억력 beneficial 이로운 improve 향상하다 performance 수행 ideal 이상적인 currently 현재 unknown 알려지지 않은

well-rested 잘 쉰

further 더욱

in contrast 반면에

indeed 실제로

36. Toward the end of the 19th century, a new architectural attitude emerged. Industrial architecture, the argument went, was ugly and inhuman; past styles had more to do with pretension than what people needed in their homes.

(A) But they supplied people's needs perfectly and, at their best, had a beauty that came from the craftsman's skill and the rootedness of the house in its locality.

- (B) Instead of these approaches, why not look at the way ordinary country builders worked in the past? They developed their craft skills over generations, demonstrating mastery of both tools and materials.
- (C) Those materials were local, and used with simplicity —houses built this way had plain wooden floors and whitewashed walls inside.

\* pretension: 허세, 가식

① (A) - (C) - (B) ② (B) - (A) - (C) ③ (B) - (C) - (A)

4 (C) - (A) - (B) 5 (C) - (B) - (A)

century 세기

architectural 건축학의

attitude 사고방식

emerge 나타나다

industrial 산업의

argument 주장

inhuman 비인간적인

craftsman 장인

rootedness 뿌리내림

locality 지역

approach 접근

ordinary 평범한

generation 세대

demonstrate 보여 주다

mastery 숙달한 기술

simplicity 단순함

plain 평범한

- 37. Robert Schumann once said, "The laws of morals are those of art." What the great man is saying here is that there is good change are not so dramatic.
- music and bad music.
- (A) It's the same with performances: a bad performance isn't necessarily the result of incompetence. Some of the worst performances occur when the performers, no matter how accomplished, are thinking more of themselves than of the music they're playing.
- (B) The greatest music, even if it's tragic in nature, takes us to a world higher than ours; somehow the beauty uplifts us. Bad music, on the other hand, degrades us.
- (C) These doubtful characters aren't really listening to what the composer is saying they're just showing off, hoping that they'll have a great 'success' with the public. The performer's basic task

is to try to understand the meaning of the music, and then to

communicate it honestly to others.

[3점]\* incompetence: 무능 \*\* degrade: 격하시키다

- ① (A) (C) (B) ② (B) (A) (C) ③ (B) (C) (A)
- ④ (C) − (A) − (B) ⑤ (C) − (B) − (A)

moral 도덕의
performance 연주
necessarily 반드시
accomplished 숙달된
tragic 비극적인
in nature 사실상
somehow 어떻게든지
uplift 향상하다
on the other hand 반면에
doubtful 미덥지 못한
character , 사람 등장인물
composer 작곡가
show off 뽐내다

communicate 전달하다 honestly 정직하게 38. But, when there is biodiversity, the effects of a sudden change are not so dramatic.

When an ecosystem is biodiverse, wildlife have more opportunities to obtain food and shelter. Different species react and respond to changes in their environment differently. (①) For example, imagine a forest with only one type of plant in it, which is the only source of food and habitat for the entire forest food web. (②) Now, there is a sudden dry season and this plant dies. (③) Plant-eating animals completely lose their food source and die out, and so do the animals that prey upon them. (④) Different species of plants respond to the drought differently, and many can survive a dry season. (⑤) Many animals have a variety of food sources and don't just rely on one plant; now our forest ecosystem is no longer at the death!

[3점]\* biodiversity: (생물학적) 종 다양성 \*\* habitat: 서식지

effect 영향

sudden 갑작스러운

dramatic 극적인

wildlife 야생동물

opportunity 기회

obtain 얻다

shelter 서식지

react 작용하다

respond 반응하다

completely 완전히

prey 먹이로 삼다

drought 가뭄

survive 살아남다

rely on 의존하다

at the death 종말에 처한

ecosystem 생태계

39. Since the dawn of civilization, our ancestors created myths and told legendary stories about the night sky.

We are connected to the night sky in many ways. (1) It has always inspired people to wonder and to imagine.

of those narratives became embedded in the social and cultural identities of many generations. (③) On a practical level, the night sky helped past generations to keep track of time and create calendars — essential to developing societies as aids to farming and seasonal gathering. (④) For many centuries, it also provided a useful navigation tool, vital for commerce and for exploring new worlds. (⑤) Even in modern times, many people in remote areas of the planet observe the night sky for such

\* embed: 깊이 새겨 두다 \*\* commerce: 무역

dawn, 시작 새벽

practical purposes.

civilization 문명

ancestor 선조

myth 신화

legendary 전설의

inspire 영감을 주다

wonder 궁금하다

element 요소

identity 정체성

practical 실용적인

keep track of ~을 기록하다

calendar 달력

essential 필수적인

aid 보조 도구

seasonal 계절에 따른

gathering 수확

provide 제공하다

navigation 항해

explore 탐험하다

remote 외딴

planet 지구

observe 관찰하다

purpose 목적

40. 다음 글의 내용을 한 문장으로 요약하고자 한다. 빈칸 (A), (B)에 들어갈 말로 가장 적절한 것은?

The common blackberry (Rubus allegheniensis) has an amazing

ability to move manganese from one layer of soil to another using

its roots. This may seem like a funny talent for a plant to have,

but it all becomes clear when you realize the effect it has on nearby plants. Manganese can be very harmful to plants,

especially at high concentrations. Common blackberry is

unaffected by damaging effects of this metal and has evolved two

different ways of using manganese to its advantage. First, it redistributes manganese from deeper soil layers to shallow soil layers using its roots as a small pipe. Second, it absorbs manganese as it grows, concentrating the metal in its leaves. When the leaves drop and decay, their concentrated manganese deposits further poison the soil around the plant. For plants that are not immune to the toxic effects of manganese, this is very bad news. Essentially, the common blackberry eliminates

competition by poisoning its neighbors with heavy metals.

\* manganese: 망가니즈(금속 원소) \*\* deposit: 축적물

The common blackberry has an ability to <u>(A)</u> the amount of manganese in the surrounding upper soil, which makes the nearby soil quite <u>(B)</u> for other plants.

(A) (B)

① increase ······ deadly

2 increase ..... advantageous

3 indicate ..... nutritious

4 reduce ····· dry

⑤ reduce ······ warm

layer 층

soil 토양

root 뿌리

funny 기이한

talent 재능

effect 영향

nearby 근처

concentration 농도

damaging 해로운

evolve 발달시키다

redistribute 재분배하다

shallow 얕은

absorb 흡수하다

decay 썩다

poison (독성 물질로) 오염시키다 중독시키다

immune 면역이 있는

toxic 유독한

essentially 본질적으로

eliminate 제거하다

competition 경쟁자

neighbor 이웃

surrounding 주변의

The longest journey we will make is the eighteen inches between

our head and heart. If we take this journey, it can shorten our (a) misery in the world. Impatience, judgment, frustration, and anger reside in our heads. When we live in that place too long, it makes us (b) unhappy. But when we take the journey from our heads to our hearts, something shifts (c) inside. What if we were able to love everything that gets in our way? What if we tried loving the shopper who unknowingly steps in front of us in line, the driver who cuts us off in traffic, the swimmer who splashes us with water during a belly dive, or the reader who pens a bad online review of our writing?

Every person who makes us miserable is (d) like us —a human

being, most likely doing the best they can, deeply loved by their parents, a child, or a friend. And how many times have we unknowingly stepped in front of someone in line? Cut someone off in traffic? Splashed someone in a pool? Or made a negative statement about something we've read? It helps to (e) deny that a piece of us resides in every person we meet.

- \* reside: (어떤 장소에) 있다
- 41. 윗글의 제목으로 가장 적절한 것은?
- 1) Why It Is So Difficult to Forgive Others
- 2 Even Acts of Kindness Can Hurt Somebody
- 3 Time Is the Best Healer for a Broken Heart
- 4 Celebrate the Happy Moments in Your Everyday Life
- ⑤ Understand Others to Save Yourself from Unhappiness

42. 밑줄 친 (a)~(e) 중에서 문맥상 낱말의 쓰임이 적절하지 않은 것 은?

① (a) ② (b) ③ (c) ④ (d) <u>⑤ (e)</u>

journey , 여정 여행

shorten 줄이다

misery 비참함

impatience 조급함

judgment 비난

frustration 좌절

anger 분노

shift 바뀌다

unknowingly 무심코

cut off 끼어들다 in traffic 차량 흐름에서 splash (액체류를) 튀기다 pen (글을) 쓰다 review 후기

miserable 비참한